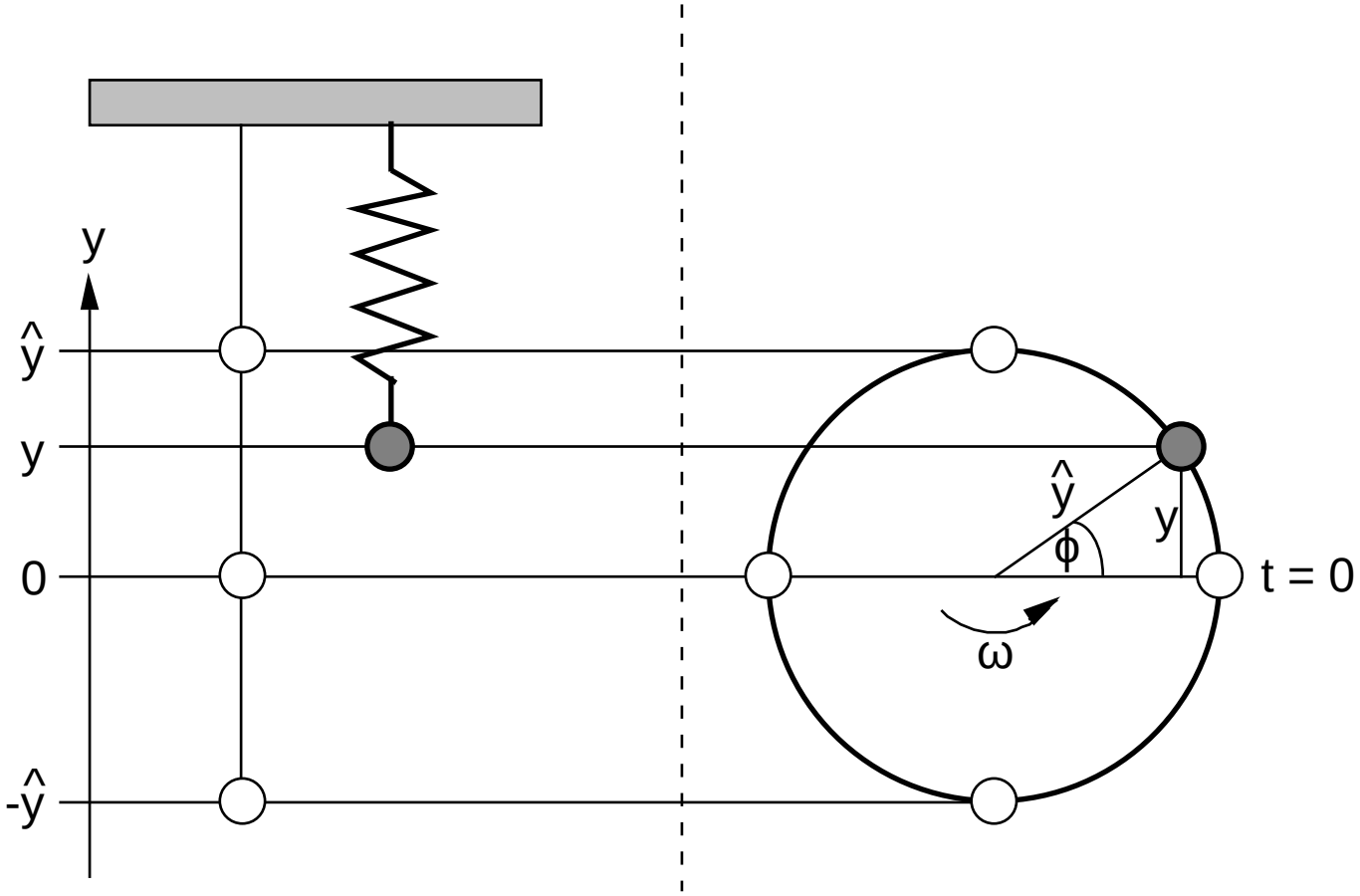Schwingung Federpendel ↔ Gleichförmige Kreisbewegung